

Benefits Self-Service Guide

ROBINS & MORTON

Carrier Name	Coverage Type	Phone Number/Email	Website
Blue Cross Blue Shield	Health/Mental Health and Substance Abuse	800-292-8868 855-216-3144 (Español)	bcbsal.org Group Number: 86779
CAPTRUST	Investment Advisors	800-967-9948	captrustatwork.com
CVS Health	CVS Caremark Rx Benefits and CVS Specialty Pharmacy	800-334-8134 1-800-237-2767 (TTY: 711)	caremark.com Rx Prior Authorization Physician Request Portal
Cylinder Health	Digestive Health Programs	833-336-9488 support@cylinderhealth.com	go.cylinderhealth.com/robinsmorton Access code: ROBINSMORTON
Delta Dental	Dental Care	800-521-2651	deltadentalins.com
Doctor on Demand	Telemedicine	800-997-6196	doctorondemand.com
Farmers Insurance	Home and Automobile Insurance	800-438-6381	
Fidelity Investments	401k	800-835-5097 800-587-5282 (Español)	401k.com
Fidelity Investments HSA	Health Savings Accounts (HSA)	800-544-3716	401k.com
Fidelity Medicare Services	Medicare	833-886-0033	medicare.fidelity.com
GRAIL	Galleri® Multi-Cancer Early Detection Testing	833-694-2553	galleri.com/robinsmorton Employee ID required
Hinge Health	Digital Exercise Therapy Programs	855-902-2777	hinge.health/robinsmorton
Inspira Financial (formally PayFlex)	Limited Purpose FSA (LPFSA) Dependent Care Account (DCA)	844-729-3539	inspirafinancial.com
Iris by OncoHealth	Cancer Support Program	844-912-4747	irisoncology.com/unlocksupport
MetLife	Voluntary Accident or Indemnity Coverage	800-438-6388 866-874-3972 (Español)	metlife.com/mybenefits
MetLife Pet	Pet Insurance	866-287-6121 877- 811-9651 (Español)	mypets.metlife.com
Prudential	Life and Disability Insurance	800-842-1718	prudential.com/mybenefits Company Control Number: 71862
TELUS Health	Employee Assistance Program	800-245-1150	behavioralhealthsystems.com Employer ID: RMG
Virta Health	Weight Loss and Diabetes Reversal	844-847-8216 support@virtahealth.com	virtahealth.com/join
VSP	Vision Care	800-877-7195	vsp.com

ROBINS & MORTON
HELPLINES

HR Helpline

 205-803-0102

 AskHR@robinsmorton.com

Payroll Support

 205-439-8678

IT Helpdesk

 205-803-0108

Spanish Helpline

 205-803-0111