



## Robins and Morton's Employee Assistance Program (EAP)

**Robins and Morton** is pleased to offer an expanded Employee Assistance Program through Behavioral Health Systems (BHS). Your EAP provides counseling services to employees, dependents and their families.

Many people think that the EAP only covers behavioral, mental health and substance abuse issues, but the EAP through BHS covers services for a variety of situations, including work/life balance, stress, financial, legal and eldercare guidance.

### Employee Assistance Program (EAP) Benefits Include:

- ✓ Six (6) visits/consultations per plan year
- ✓ Coverage for: marriage & family, stress, financial/legal, and work/life balance
- ✓ MemberAccess portal [www.behavioralhealthsystems.com](http://www.behavioralhealthsystems.com) Employer ID: **RMG**

There are never any claims to file and EAP visits are covered at 100%. Your use of the EAP is completely confidential. In addition to referrals for assessment or counseling services, your BHS Care Coordinator can assist in determining the appropriateness and availability of community resources, such as support groups, that may be beneficial.

**BHS Care Coordinator:** Stormi White, MS, LMSW, is the Robins and Morton's-designated BHS Care Coordinator. Stormi can assist with benefits, eligibility and provider availability and issues such as:

Stress Management • Personal Relationships • Marital/Family • Parent-Child Conflict • Grief • Coping • Depression & Anxiety • Work-Related Problems • Alcohol & Drug Abuse • Life Transition • Financial/Legal

BHS is available by calling **800-245-1150** or visiting [www.behavioralhealthsystems.com](http://www.behavioralhealthsystems.com) (MemberAccess, Employer ID: **RMG**)



**Stormi White,**  
MS, LMSW